

the First and the Best

## **CHECKUP** **HEALTH SCREENING PROGRAM**

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- ✓ Dedicated Team for Suspected Patients(Fast Tracks)
  - ✓ Best Doctor's Specialized Consultations
  - ✓ Specialized Body Remodeling Center
  - ✓ Optimized Screening Environments
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**Your Health Partner for a Long Healthy Life**



# Basic Health Screenings & Exams

# 1

A basic and essential checkup program.

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Examination Items	
<b>Medical Examination by Interview</b>	Medical History Taking, Health Questionnaire & Consultation
<b>Blood Pressure</b>	Systolic BP, Diastolic BP
<b>Body Measurements</b>	Height, Weight, Body Composition
<b>Blood</b>	Anemia, Metabolism (Glucose, Lipid, Electrolytes, Vitamin D) Function (Liver, Kidney, Thyroid) Serum test (HIV, Syphilis, Rheumatism, Hepatitis B,C) Tumor Markers (Liver, Pancreas, Large Intestine, Lung(men), Prostate(men), Ovary(women), Breast(women))
<b>Urinalysis</b>	Glucose, Protein, Erythrocyte, Leucocyte
<b>Stool</b>	Stool-Occult blood, Parasites
<b>Dental Exam</b>	Tooth Decay, Gum Disease, Occlusion
<b>Eye</b>	Visual Acuity, Intraocular Pressure, Ocular Fundus
<b>Hearing test</b>	Pure tone Audiometry (over 50 years of age only)
<b>Cardiac Function</b>	Electro cardiogram (ECG)
<b>Lung</b>	Lung capacity test
<b>Chest X-Ray</b>	Pulmonary and Bronchial Disease
<b>Mammogram</b>	Breast Cancer, Other Breast Diseases (over 30 years of age only)
<b>* Abdominal Ultrasound</b>	Liver, Gallbladder, Pancreas, Kidney, Spleen Diseases
<b>Gynecology</b>	Examination, Cervix Liquid-based Cytology(Thin Prep)
<b>* Stomach</b>	Gastroscopy (In case of conscious sedation endoscope, an appointment in advance is compulsory. Patients must be accompanied by a guardian. Prohibited from driving themselves. An extra charge of 100,000won.)
<b>Nutrition</b>	Consultation, if needed after Dietary Habit Assessment
<b>Post-exam counseling</b>	Specialist Consultation (in person or by telephone)

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## Premium

2

Full range of exams for early detection of major diseases.

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### Examination Items

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#### Man

#### + Basic Health Screenings & Exams

- Complete Thyroid Work-up (Blood)
- Male Hormone (Blood)
- Arterial stiffness and stenosis test(Ankle-Brachial Index(ABI))
- Bone Mineral Density
- Thyroid Ultrasound
- Prostate Ultrasound
- Coronary Artery Calcium Scoring CT
- Whole Body Fat Scan
- Abdominal · Pelvic CT
- Colonoscopy (Conscious sedation endoscopy)
- Biological Age

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#### Women

#### + Basic Health Screenings & Exams

- Complete Thyroid Work-up (Blood)
  - Female Hormone (Blood)
  - Arterial stiffness and stenosis test(Ankle-Brachial Index(ABI))
  - Bone Mineral Density
  - Thyroid Ultrasound
  - Breast Ultrasound
  - Pelvis Ultrasound
  - Coronary Artery Calcium Scoring CT
  - Whole Body Fat Scan
  - Abdominal · Pelvic CT
  - Colonoscopy (Conscious sedation endoscopy)
  - HPV (Human Papilloma Virus)
  - Biological Age
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## Platinum

# 3

Top-class program with the most advanced medical instruments such as MRI, PET-CT.

Examination Items	
<b>VIP</b>	<b>+ Premium</b> Complete Diabetes Work-up (Blood) Exercise Stress Test(Treadmill) Echocardiography Carotid Artery Ultrasound Brain MRI + MRA
<b>Platinum VIP</b>	<b>+ VIP (excluding Abdominal · Pelvic CT/ Exercise Stress Test(Treadmill) : On the day of post-exam counseling)</b> PET-CT



## Family package

<b>Premium Family Package</b>	Premium(M,F) 2 people + Basic Health Screenings & Exams(M,F) 2 people
<b>Platinum Family Package</b>	Platinum VIP(M,F) 2 people + Basic Health Screenings & Exams(M,F) 2 people





## Optional Examinations

# 4

Elective exams can be added to Basic Health Screening.

Parts	Examination Items
Thyroid	Thyroid Ultrasound
Bone Density · Visceral Fat	Bone Density Fat(abdomen) CT
Breast	Breast Ultrasound
Pelvis	Pelvis Ultrasound
Cervix	HPV(Human Papilloma Virus)
Prostate	Prostate Ultrasound
Lung	Low Dose Chest CT
Arms · Legs	Arterial stiffness and stenosis test(Ankle-Brachial Index(ABI))
Carotid Artery	Carotid Artery Ultrasound
Heart · Coronary Artery	Exercise Stress Test(Treadmill) Echocardiography Coronary Artery Calcium Scoring CT Coronary CT Angiography
Abdomen	Abdominal · Pelvic CT
Liver	Liver Fibro · Fat Scan
Large Intestine	Colonoscopy (In case of conscious sedation endoscope an extra charge of 100,000won is added)
Brain	Brain MRI + MRA
Whole body	PET-CT Whole Body MRI





## Specialized Packages

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Close health screening programs in specified body parts (for accurately examining the organs).

	Examination Items	
<b>Digestive System</b>	<b>+ Basic Health Screenings &amp; Exams</b> Colonoscopy (Conscious sedation endoscope) Abdominal · Pelvic CT Liver Fibro · Fat Scan	
<b>Respiratory System</b>	<b>+ Basic Health Screenings &amp; Exams</b> Pulmonary Tumor Markers (Blood) Low Dose Chest CT	
<b>Circulatory System (Hypertension)</b>	<b>+ Basic Health Screenings &amp; Exams</b> Complete Cardio Work-up (Blood) Nutrition Consultation (on the day of post-exam counseling) Arterial stiffness and stenosis test (Ankle-Brachial Index (ABI)) Exercise Stress Test (Treadmill) Carotid Artery Ultrasound Echocardiography Coronary CT Angiography	
<b>Brain (Stroke)</b> <small>*For dementia examination, please contact Severance Hospital.</small>	<b>+ Basic Health Screenings &amp; Exams</b> Carotid Artery Ultrasound Brain MRI + MRA	
<b>Spine - Cervical Vertebrae</b>	<b>+ Basic Health Screenings &amp; Exams</b> Cervical Vertebrae X-ray (Frontal, lateral, oblique projection) Spine MRI	
<b>- Lumbar Vertebrae</b>	<b>+ Basic Health Screenings &amp; Exams</b> Lumbar Vertebrae X-ray (Frontal, lateral, oblique projection)	
<b>Cancer Detection for Whole-Body</b>	<b>+ Basic Health Screenings &amp; Exams</b> PET-CT	

Examination Items		
<b>Gynecology</b>	<b>+ Basic Health Screenings &amp; Exams</b>	
	HPV (Human Papilloma Virus)	
	Female Hormone	
	Bone Density	
	Thyroid Ultrasound	
	Pelvic Ultrasound	
	Breast Ultrasound	
<b>Obesity · Hyperlipidemia</b>	<b>+ Basic Health Screenings &amp; Exams</b>	
	Nutrition Consultation (on the day of post-exam counseling)	
	Fat(abdomen) CT	
	Complete Lipids Work-up (Blood)	
	Carotid Artery Ultrasound	
	Arterial stiffness and stenosis test(Ankle-Brachial Index(ABI))	
	Coronary Artery Calcium Scoring CT	
<b>Diabetes</b>	<b>+ Basic Health Screenings &amp; Exams</b>	~
	Complete Diabetes Work-up(Blood)	~
	Carotid Artery Ultrasound	~
<b>Osteoporosis</b>	<b>+ Basic Health Screenings &amp; Exams</b>	~
	Bone Density	~
	Bone Metabolism Marker (Blood)	~
<b>Allergy · Immune</b>	<b>+ Basic Health Screenings &amp; Exams</b>	
	Complete Allergy-Immune Work-up(Blood)	



## Body Remodeling

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A exercise prescription program enhancing body balance is the Korea's first examination for body design.

Examination Items	
<b>Body Remodeling</b>	Body Measurements(Blood Pressure, Body Composition) 3D Whole Body Scan Flexibility Test Spine & Posture Analysis Muscle Strength Test Lumbar/Thoracic Flexion & Extension test Gait Analysis Balance Test Power of Breath Test Counseling(the first medical examination + follow-up 2)
<b>Options</b>	Cardiopulmonary Exercise Test : Treadmill Cardiopulmonary Exercise Test : Bicycle
<b>Spine Package</b>	3D Whole Body Scan Spine & Posture Analysis Lumbar/Thoracic Flexion & Extension test Gait Analysis Counseling(the first medical examination + follow-up 2)



## Adolescents Health Screen

Examination Items	
<b>Type A</b>	Blood Pressure Body Composition Metabolism (Glucose, Lipids), Funtion(Liver, Kidney, Thyroid) Other Examinations (Hepatitis A,B,C), Rubella (women) Auditory Acuity Electrocardiogram Chest X-Ray
<b>Type B</b>	<b>+ Type A Examination Categories</b> Gastroscopy (In case of conscious sedation endoscope, an appointment in advance is compulsory. Patients must be accompanied by a guardian. Prohibited from driving themselves. An extra charge of 100,000won.) Abdominal Ultrasound



## Premarital Health Screen

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	Examination Items
<b>Men</b>	Medical Examination by Interview
	Blood Pressure
	Body Composition
	Urinalysis
	Stool
	Metabolism(Glucose, Lipids, Electrolytes)
	Function(Liver, Kidney, Thyroid)
	Tumor Markers (Liver, Pancreas, Large Intestine, Prostate (men), Ovary (women))
	Other Examinations (Blood Group (in case of new patient), Hepatitis A,B,C)
	Hepatitis A Antibody
	Chest X-Ray
	Electrocardiogram
	Lung Function
	Gastroscopy (In case of conscious sedation endoscope, an appointment in advance is compulsory. Patients must be accompanied by a guardian. Prohibited from driving themselves. An extra charge of 100,000won.)
Abdominal Ultrasound	
<b>Women</b>	<b>+ Men's Premarital Health Screen examinations</b>
	Cervix Liquid-based Cytology(Thin Prep)
	Rubella Antibody
	Mammogram (over 30 years of age only)
	Pelvis Ultrasound

\* In case patients desire specific Work-ups, examinations such as Thyroid Ultrasound, Breast Ultrasound, HPV (Human Papillomavirus is a high-risk factor for cervical cancer) can be added.



